

UPTET 2026: Detailed syllabus and exam pattern

Reader guide for Paper I (Classes 1-5) and Paper II (Classes 6-8).

Pattern basis: UPTET/UPESSC 2026 notice and official portal information checked on 01.08.2026.

Each paper has 150 objective questions, 150 marks and 150 minutes. Each correct answer carries 1 mark. No negative marking.

The supplied J2U6 candidate booklet is Paper II, not Paper I. This document maps it by section and question range. It is not an answer key.

Paper I: Q1-30 Child Development and Pedagogy; Q31-60 Language I (Hindi); Q61-90 Language II; Q91-120 Mathematics; Q121-150 Environmental Studies.

Paper II: Q1-30 Child Development and Pedagogy; Q31-60 Language I (Hindi); Q61-90 Language II (English or Sanskrit); Q91-150 Mathematics and Science OR Social Science.

Paper I: Child Development and Pedagogy

Child development: growth and development, principles of development, heredity and environment, stages of development, and the relationship between development and learning.

Learning and cognition: how children think and learn, individual differences, motivation, intelligence, creativity, memory, attention, learning difficulties and the role of prior experience.

Inclusive education: diverse learners, children with disabilities, learning difficulties, gifted learners, disadvantaged groups and classroom support strategies.

Teaching and assessment: child-centred learning, activity-based learning, inquiry, observation, formative assessment, remedial teaching and interpreting learner errors.

Question approach: prefer the response that is inclusive, learner-centred, developmentally appropriate and based on evidence from the child.

Paper I: Language I, Language II, Mathematics and EVS

Language I and Language II: unseen prose and poem comprehension, vocabulary, grammar in context, listening, speaking, reading, writing, language development and language pedagogy.

Language teaching: stories, conversation, print-rich classrooms, error analysis, remedial teaching, multilingual classrooms, teaching-learning material and assessment of language skills.

Mathematics content: number and operations, patterns, fractions, measurement, money, time, geometry, shapes, data handling, mathematical reasoning and problem solving.

Mathematics pedagogy: children's strategies and errors, concrete materials, mental mathematics, estimation, activity-based learning, assessment and remedial support.

Environmental Studies: family and friends, food, shelter, water, travel, things we make and do, neighbourhood, plants, animals, work and environment-related observation.

EVS pedagogy: discussion, observation, field activity, projects, local knowledge, integration of science and social understanding, and assessment of EVS learning.

Paper II: Child Development and Pedagogy

Upper-primary development: physical, cognitive, emotional, social and moral development, adolescence, individual differences and the influence of family, school and community.

Learning theories and classroom practice: constructivist learning, prior knowledge, motivation, intelligence, creativity, problem solving, misconceptions and the teacher as facilitator.

Inclusive classroom: learning disabilities, language and social diversity, gender, disadvantaged learners, gifted and creative learners, reasonable support and an inclusive classroom culture.

Assessment: formative and summative assessment, assessment for learning, assessment of learning, diagnostic assessment, feedback and remedial teaching.

Pedagogy focus: identify responses that respect learner diversity, encourage reasoning and use errors as evidence of thinking rather than as a reason for punishment.

Paper II: Language I and Language II

Language I (Hindi): unseen passages, comprehension, vocabulary, grammar, sentence structure, language functions, reading and writing skills, language development and pedagogy.

Language II (English or Sanskrit): comprehension, vocabulary, grammar in context, communication, language skills, learning difficulties, classroom language and pedagogy.

Language pedagogy: acquisition and learning, principles of language teaching, listening and speaking, reading comprehension, writing, teaching-learning materials, multilingual classrooms, assessment and remedial teaching.

Attempt strategy: first identify whether a question tests language knowledge, comprehension or teaching method. Do not use a grammar rule as the answer to a pedagogy question unless the stem asks for grammar.

Paper II: Mathematics and Science

Mathematics content: number system, integers, fractions, decimals, ratio and proportion, algebra, simple equations, geometry, symmetry, construction, mensuration, data handling, patterns and mathematical reasoning.

Mathematics pedagogy: nature of mathematics, children's thinking, common errors, concrete and visual materials, problem solving, evaluation, remedial teaching and classroom discussion.

Science content: food, materials, living world, motion, force, work and energy, electricity, magnets, natural phenomena, natural resources, environment, health and everyday applications of science.

Science pedagogy: observation, experimentation, questioning, investigation, evidence, misconceptions, laboratory and low-cost materials, science in daily life, assessment and inclusive activities.

This section applies to candidates choosing the Maths and Science block. It does not replace the Social Science block.

Paper II: Social Science

History: early societies, regional and national history, cultural developments, colonialism, the freedom movement and the making of modern India.

Geography: earth and environment, resources, agriculture, water, transport, settlements, maps, human life and the relationship between people and surroundings.

Social and political life: diversity, government, local government, democracy, constitution, rights, justice, livelihoods and institutions.

Economics: production, markets, money, livelihoods, public facilities, inequality, development and the relationship between economic choices and society.

Social Science pedagogy: critical thinking, sources, maps, timelines, discussion, project work, local examples, multiple viewpoints, assessment and remedial support.

This section applies to candidates choosing Social Science. It does not replace the Maths and Science block.

J2U6 question-range mapping and practice JSON

The supplied original booklet carries code J2U6 and is Paper II for Classes 6-8.

Part I: Child Development and Teaching Method, Q1-30, 30 marks.

Part II: Hindi, Q31-60, 30 marks.

Part III: English or Sanskrit, Q61-90, 30 marks.

Part IV: Mathematics and Science OR Social Studies, Q91-150, 60 marks.

The local practice JSON contains 150 question records and four options per record. All correct_answer values are null, so it is a practice display source and not an official answer key.

Mapping workflow: read the printed number; assign the range; match the concept to the syllabus cluster; record answer-check status separately.

Previous-year analysis method and authenticity note

Attempt each paper in 150 minutes. Then classify every uncertain question as recall, comprehension, calculation or application.

Track year, printed question number, section, syllabus cluster, confidence and answer-check status in a notebook.

Compare repeated concepts across years only after checking the original PDF wording. Repeated questions do not establish official topic weightage.

Use Paper I PDFs for primary preparation and Paper II PDFs separately. Within Paper II, keep Maths and Science separate from Social Science.

The J2U6 PDF is preserved as a GD-hosted original booklet. This guide separates verified question-range facts from topic-level revision guidance and does not create a difficulty score or answer key.

Before relying on a later correction, answer key or result notice, check the official UPESSC portal.